

2010 ELLSWORTH BEACHSAND WRESTLING TOURNAMENT

Date: Saturday, June 26th during the Ellsworth Cheese Curd Festival (Rain or Shine)

Location: Ellsworth, WI @ the Pierce County Fairgrounds

Registration: 10-11:00am (USA Card required / or buy USA Beach Card good for day of event for \$10, available on site)

Start: 12:00 Noon

Weight Classes: No weigh in, paired to age and body size.

Divisions: 5th-8th Grade/High School/out of H.S.

Event Price: \$10

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Rules:

- Athletes wear swimming trunks or shorts
- Competition occurs inside a 20-foot diameter circle in the sand
- Matches last three minutes or first one to score 5 pts
- First to get Three scoring moves ends each match
- Athletes only compete in the standing position, no on-the-ground wrestling
- Athletes may score by forcing their opponent out of the ring or by taking down their opponent



Examples To Win A Match:

- Score a fall by forcing the opponents shoulders to the sand
- Score three takedowns
- Score three throws
- One 5pt throw
- Force your opponent out of the competition area three times
- Scoring two takedowns and one force out call
- A single throw out of the competition area
- After the three-minute period ends, the match is determined by:
 1. First takedown or throw
 2. First wrestler penalized for fleeing
 3. Penalties
 4. Officials decision